

# PROMISE ME

Choreographer: Hank & Judy Scherrer 560 Main St. Herculaneum, Mo 63048 636 475 5027  
 Record: **Promise Me** STAR-193 flip "Movin' On Up" Judy@ScherrerDance.com  
 Footwork: Opposite unless noted Time @ RPM **2:38 @ 43**  
 Rhythm: **RUMBA** Phase: **VI** or to suit  
 Sequence: **INTRO - A - B - C - B** Date: June 2003

## INTRO

### 1 - 4 Tandem fcg Wall R foot free for both WAIT 2 MEAS;; HIP RKs to R LUNGE; EXTEND;

1-2 In Tandem position both fcg wall M's hands on W hips R foot free for both Wait 2 meas;;  
 3-4 Sd R, rec L, sd R to lunge position,; Extend R arms to sd, -, -, -;

## A

### 1 - 4 LADY ROLL to FAN M TRANSITION; CURL; AIDA; SWITCH ROCK;

1 Cl L, -, sd R, - (fwd L to LOD, trn LF sd R, fc RLOD bk L, -);  
 2 Fwd L, rec R, cl L, -(cl R, fwd L, fwd R trn LF, -);  
 3 Fwd R, sd L trng RF (LF), bk R, -;  
 4 Bk & sd L to LOD & fc, rec R, sd L, -;

### 5 - 9 FENCE; NY in 4; REV UNDERARM TRN to NATURAL TOP;; to a ROPE SPIN;

5 Lead hands joined chk thru R, rec L, sd R, -;  
 6 to RLOD chk thru L, rec R, sd L, rec R;  
 7 Thru L lead W to start a LF trn under joined lead hands, rec R, step fwd & sd L to fc RLOD;  
 8 XRib, sd L, cl R fcg LOD, - (fwd L spiral RF);  
 9 Fcg LOD in place L, R, L, -(lariat 3 R, L, R, fc LOD);

### 10 - 11 RUMBA WALK; LADY ACROSS;

10 Fwd R, L, R, -;  
 11 Fwd L, R, L, - (fwd R start RF trn, sd L cont trn, fwd R fc LOD, -); half Open LOD

### 12 - 14 CK THRU REC SD TWICE;; BACK BASIC;

12 In half Open ck thru R, rec L, sd R fc partner & Wall, -;  
 13 In half Open ck thru L, rec R, sd L fc partner & Wall, -; join lead hands  
 14 Bk R, rec L, sd R, -;

## B

### 1 - 4 OPEN HIP TWIST to FAN;; HOCKEY STICK to SHADOW;;

1 Fwd L, rec R, cl L, - (bk R, rec L, fwd R, trn RF 1/4);  
 2 Bk R, rec L, fwd R, - (fwd L, fwd R trn LF, bk R, -);  
 3 Fwd L (cl R), rec R (fwd L), cl L (fwd R), -; join R hands to lead W to shadow  
 4 Bk R (fwd L), rec L (sd R), fwd R (cl L), -; shadow fcg Wall W to M's R side

### 5 - 8 [MOD] ADV SLIDING DOOR;; [MOD] ADV SLIDING DOOR LADY OUT to FAN;;

5 Fwd L (bk R extend R arm to sd), rec R, XLib (XRif), -;  
 6 Sd R to R Lunge (sd L W's arms go up & around like an explosion), rec L (rec R), XRif (XLib), -;  
 7 Fwd L (bk R extend R arm up), rec R, XLib (XRif), -;  
 8 Sd R, cl L, sd R, - (fwd L to LOD trng LF, sd R fc RLOD, bk L, -);

### 9 - 12 HOCKEY STICK;; Join R Hands ALEMANA OVERTURNED;;

9 Fwd L (cl R), rec R (fwd L), cl L (fwd R under lead hand), -;  
 10 Bk R (fwd L), rec L (fwd R trn LF), fwd R (bk L), -; Join R Hands  
 11 Fwd L (bk R), rec R, sd L, -;  
 12 Bk R (fwd L trn RF), rec L (fwd R trn RF), sd R (cont trn), -; Join Right over Left hands

- 13 - 15 OPENING OUT; LARIAT SPIRAL ENDING M TRANSITION Both fcg Wall;;**  
 13 Stepping fwd L raise R hand to open Lady out (bk R trng RF), rec R, cl L (fwd R fc LOD, -), -; M fcg Wall W fcg LOD for a CCW Lariat hands joined R over L  
 14 In place R, L, R, - (fwd L, R, L, -);  
 15 In place L, R, hold (fwd R spiral LF), -; W in front of M Both fcg Wall L foot free for both

- 16 - 18 SWIVELS to R LUNGE;; WRAP;**  
 16 Same footwork Sd L swivel RF, sd R swivel LF, sd L swivel RF, -;  
 17 Sd R swivel LF, sd L swivel RF, sd R to R lunge, -;  
 18 Hold and slowly wrap arms around W, -, -, -;

## C

- 1 - 4 HOCKEY STICK ENDING M TRANSITION; CROSS BODY Join R Hands;;**  
**CROSS OVER BRK to LOD Join R over L hands;**  
 1 Cl L, -, sd R, - (fwd L to Wall, fwd R trn LF, bk L, -);  
 2 Fwd L, rec R, trn LF sm sd L ( fwd R), -;  
 3 Bk R trn LF, fwd L (fwd R trn LF), sd R join R hands (sd L), -; fcg partner M fcg COH  
 4 Ck thru L, rec R, sd L, -; Right hands still joined
- 5 - 8 UNDERARM TRN w/NECK DRAPE; SLO RKS; SD WALK; FENCE & LADY SPIN to FC;**  
 5 Join L hands [R over L hands] XRib (thru L start RF trn) hands tog held high, rec L (fwd R finish trn), sd R (sd L), lower joined hands over M's head to his shoulders;  
 6 Sd L, -, sd R lower M's hands to W's hips, -; W's hands on M's shoulder M's hands on W hips  
 7 Sd L blend Bfly, cl R, sd L, -; M fcg COH lead hands joined trailing hands free  
 8 Ck thru R, rec L, sd R ( sd L full LF spin fc partner), -; Spin is optional for W
- 9 - 11 CUCARACHA; RUMBA WALK to LOD; LADY ACROSS;**  
 9 Sd L, rec R, cl L, -;  
 10 Open to LOD fwd R, L, R, -;  
 11 Fwd L, R, L, - (fwd R start RF trn, sd L Xif of M cont trn, fwd R fc LOD, -); half Open LOD
- 12 - 14 CK THRU REC SD TWICE;; BACK BASIC;**  
 15 In half Open ck thru R, rec L, sd R fc partner & Wall, -;  
 16 In half Open ck thru L, rec R, sd L fc partner & Wall, -; join lead hands  
 17 Bk R, rec L, sd R, -;

## PROMISE ME

### Quick Cues

Sequence **INTRO - A - B - C - B**

- INTRO Tandem fcg Wall R foot free for both WAIT 2 MEAS;; HIP RKS to R LUNGE; EXTEND;**
- A LADY ROLL to FAN M TRANS; CURL; AIDA; SWITCH RK;**  
**FENCE; NY in 4; REV UNDERARM TRN to NATURAL TOP;; to a ROPE SPIN;**  
**RUMBA WALK; LADY ACROSS; CK THRU REC SD TWICE;; BK BASIC;**
- B OPEN HIP TWIST to FAN;; HOCKEY STICK to SHADOW;;**  
**[MOD] ADV SLIDING DOOR;; [MOD] ADV SLIDING DOOR LADY OUT to FAN;;**  
**HOCKEY STICK;; Join R Hands ALEMANA OVERTURNED;; to an OPENING OUT;**  
**LARIAT SPIRAL ENDING M TRANS Both fcg Wall;; SWIVELS to R LUNGE;; WRAP;**
- C HOCKEY STICK ENDING M TRANS; CROSS BODY Join R Hands;;**  
**CROSS OVER BRK to LOD Join R over L; UNDERARM TRN w/NECK DRAPE;**  
**SLO RKS; SD WALK; FENCE & LADY SPIN to FC; CUCARACHA;**  
**RUMBA WALK to LOD; LADY ACROSS; CK THRU REC SD TWICE;; BK BASIC;**