

MY GIRL STS

Choreographer: Hank & Judy Scherrer 560 Main St. Herculaneum, Mo. 63048
Judy@StLouisRounds.com 636 475 5027

Record: **MY GIRL** Collectables 450, The Temptations

Footwork: Opposite unless noted

Speed: 46 rpm

Rhythm: **Slo Two Step** Phase: **IV+1 (Triple Traveler)**

Time: 2:53

Sequence: **INTRO - A - B - C - B - D - C - B - END**

Date: 1 - 94

INTRO

In shadow position facing wall, weight on M's R(W's L) foot, W slightly to M's L side, L hands on L hips. Look at partner after 3rd beat, finger snaps after beat 6, 9, 12.

1 - 2 WAIT 12 BEATS.... SHADOW CROSS LUNGES;;

Sd L to LOD,-, rec R, XLif of R (Sd R RLOD,-, rec L, XRif of L); Sd R to RLOD,-, rec L, XRif of L (Sd L LOD,-, rec R, XLif of R);

A

1 - 4 OPEN BASICS;; SIDE BASICS;;

Sd L opening to ½ open to RLOD,-, bk R, rec L to fc (Sd R,-, rec L trng ½ LF to fc, cl R); Sd R opening to ½ open to LOD,-, bk L, rec R to fc; Blend CP sd L,-, XRIB of L, rec L; Sd R,-, XLIB of R begin opening body away from partner, rec R (rec L to cut in front of M DLC);

5 - 8 L TURN INSIDE ROLL;; L TURN INSIDE ROLL;;

Fwd L trn ½ LF to fc COH,-, sd R, XLif of R twd LOD (bk R across M trn ½ LF to fc M,-, sd L trn LF under lead hands, cont trn LF to fc partner sd R); Sd R,-, XLib of R, rec R; Fwd L trn ½ LF to fc WALL,-, sd R, XLif of R twd RLOD (bk R across M trn ½ LF to fc M,-, sd L trn LF under lead hands, cont trn LF to fc partner sd R);

B

1 - 4 SIDE BASICS;; R TURN OUTSIDE ROLL to MAN UNDER to face REVERSE;;

Sd L,-, XRib of L, rec L; Sd R,-, XLib of R begin opening body away from partner, rec R with cut; XIF of W bk L fc RLOD,-, sd R trng RF to fc COH leading W under joined lead hands, XLif of R (fwd R to LOD start RF twirl under joined lead hands,-, twirl L, R to fc WALL); Fwd R to LOD under joined M's R & W L hands,-, fwd L trn RF ½ to ROD bk R to LOD (fwd L LOD,-, fwd R, fwd L to low hand hold);

5 - 8 2 BK TRAVELING CROSS CHASSES to face WALL;; UNDERARM TURN BASIC ENDING;;

Sd & bk L,-, bk & sd R, XLif of R(fwd R,-, sd & fwd L, XRif of L); Sd & bk R start LF trn,-, bk & sd L to fc WALL, XRif of L (fwd L,-, Sd & fwd R, XLif of R); Sd L,-, XRib of R, rec L(sd R,-, XLIF of R trng RF under lead hands, rec sd R to fc partner & COH); Sd R,-, XLIB of R, rec R;

M rec with cut 1st time thru B

C

1 - 4 SWITCHES;; FORWARD 3; FORWARD and FACE;

XIF of W sd L trn RF to ½ open,-, fwd R, fwd L (fwd R,-, fwd L, fwd R) to ½ open LOD (XIF of M sd L trn RF to ½ open,-, fwd R fwd L); Cont LOD fwd L,-, fwd R, fwd L; Fwd R,-, fwd L to fc partner and WALL, XRif of L; release partner no hands

5 - 8 LUNGE BASICS;; OPEN BASICS;;

Sd L,-, rec R, XLif of R; Sd R,-, rec L, XRif of L; Sd L trng to ½ open RLOD,-, bk R, rec L to fc; Sd R trng to ½ open Lod,-, bk L, rec R to fc;

D

1 - 4 **CIRCLE AWAY 3 and TOGETHER 3;; LUNGE BASICS;;**
Trng LF fwd L to COH,-, fwd R, fwd L (W RF); Fcg fwd R to WALL,-, fwd L, fwd R; No hands sd L,-, rec R, XLif of R; Sd R,-, rec L, XRif of L (W rec L with diagonal cut); blend CP Wall

5 - 8 **TRIPLE TRAVELER;;;**
Fwd L trn LF ½ to fc COH,-, sd & fwd R, fwd XLif of R to LOD(Xif of M bk R trn ½ LF,-, sd L trn LF under lead hands, cont trn to fc partner & WALL R); Fwd R spiral LF under joined hands(fwd L to LOD),-, joined hands in front fwd L, Fwd R; Fwd L bringing hands down between partners(W start RF twirl),-, sd R to fc COH, XLif of R (twirl RF under lead hands L, R to fc partner and WALL); Sd R,-, XLib of R begin opening body away from partner, rec R (W rec L with diagonal cut across M);

9 - 12 **TRIPLE TRAVELER to RLOD;;;**
Repeat 5 - 7 to RLOD and WALL;;; Sd R,-, XLib of R, recR with diagonal cut across W;

END

1 - 4 **OPEN BASICS;; SIDE BASICS to SHADOW;;**
Sd L trng to ½ open RLOD,-, bk R, rec L to fc; Sd R trng to ½ open Lod,-, bk L, rec R to fc; Blend CP Wall
Sd L,-, XRif of L , rec L; Sd R,-, XLib of R, rec R (sd L trn ½ LF fc WALL,-, sd R, Cl L); to shadow

5 - 6 **SHADOW CROSS LUNGE; SIDE LUNGE and HOLD;**
** Sd L LOD,-, rec R, XLIF of R (sd R RLOD,-, rec L, XRIF of L); Sd R,-, Hold Look at W(sd L,-, Hold Look at M): ** Adjust length of footwork in meas 5 to make meas 6 end in starting position.

MY GIRL QUICK CUES

SEQUENCE INTRO - A - B - C - B - D - C - B - END

In shadow position facing wall, weight on M's R(W's L) foot, W slightly to M's L side, L hands on L hips. Look at partner after 3rd beat, finger snaps after beat 6, 9, 12.

INTRO WAIT 12 BEATS.... SHADOW CROSS LUNGES;;

A OPEN BASICS;; SIDE BASICS;;
L TURN INSIDE ROLL;; L TURN INSIDE ROLL;;

B SIDE BASICS;; R TURN OUTSIDE ROLL to MAN UNDER to face REVERSE;;
2 BK TRAVELING CROSS CHASSES to face WALL;; UNDERARM TURN BASIC ENDING;;

C SWITCHES;; FORWARD 3; FORWARD and FACE; release partner no hands
LUNGE BASICS;; OPEN BASICS;;

Repeat B

D CIRCLE AWAY 3 and TOGETHER 3;; LUNGE BASICS;; blend CP
TRIPLE TRAVELER;;;
TRIPLE TRAVELER to RLOD;;;;

Repeat C

Repeat B

END OPEN BASICS;; SIDE BASICS to SHADOW;;
SHADOW CROSS LUNGE; SIDE LUNGE and HOLD;

** Adjust length of footwork in meas 5 to make meas 6 end in starting position.