

# Mama Told Me Cha

Choreographer: Hank & Judy Scherrer 560 Main St. Herculaneum, Mo 63048 636 475 5027  
Record: **Mama Told Me (Not to Come)** Col-90162B flip "Easy To Be Hard" Judy@StLouisRounds.com  
Footwork: Opposite unless noted Speed: **45 rpm**  
Rhythm: **Cha** Phase: **V** Time: **3:08**  
Sequence: **INTRO - A - A - B - A - C - C(5-16) – END** Date: Jun 2001

## INTRO

- 1 – 4 **WAIT 2;; HIP BUMP 4: FINISH the CHASE;;**  
Tandem position both facing the wall R hand on thigh L hand on hip wait 2 meas;; Hip bump, hip bump, hip bump, hip bump; Fwd L, rec R (rec L trn LF fc partner), bk L / Ik R, bk L; Bk R, rec L, fwd R / cl L, fwd R; Bfly Wall

## A

- 1 – 4 **ALEMANA;; ½ BASIC to NATURAL TOP:**  
Fwd L, rec R (fwd L), sd L / cl R, sd L; Bk R (trn RF under Lead hand fwd L), rec L (continue trn fwd R), sd R / cl L (fwd L fc partner / cl R), sd R (sd L); Fwd L, rec R, sd L / cl R, sd & fwd L in front of W fc DRW; Behind R start a RF couple turn, sd L, behind R / sd L, cl R fc Wall; CP Wall
- 5 – 8 **NATURAL OPENING OUT; SPOT TURN; HAND to HAND; CRAB WALK;**  
Fwd & sd L (trng RF behind R), rec L, sd L / cl R, sd L; XRif start LF trn, rec L fc wall, sd R / cl L, sd R; Opening up to LOD step bk L to RLOD, recR to fc, sd L / cl R, sd L; Thru R, sd L, thru R / sd L, cl R;
- 9 – 12 **QK BASKETBALL TURN in 4; 2 FWD CHA'S; QK BASKETBALL TURN in 4; 2 FWD CHA'S;**  
Sd L, rec R, XLif trng RF, rec R fc LOD in Open; Fwd L / Ik R, fwd L, fwd R / Ik L, fwd R; Fc sd L, rec R, XLif trng RF, rec R fc LOD in Open; Fwd L / Ik R, fwd L, fwd R / Ik L, fwd R; Open pos fcg LOD
- 13 – 16 **RK FWD REC 2 BK CHAS ~ RK BK REC 2 FWD CHA'S;; WALK 4 & FC;**  
to LOD rk fwd L, to RLOD rec R, bk L / Ik R, bk L; Bk R / Ik L, bk R, to RLOD rk bk L, to LOD rec R; to LOD Fwd L, fwd R / Lk L, fwd R, fwd L / Ik R; To LOD fwd L, fwd R, fwd & fc L, cl R;

## B

- 1 – 4 **½ BASIC; FAN; CHECKED HOCKEY STICK; BK to FAN;**  
Fwd L, rec R, sd L / cl R, sd L; Bk R lead W to LOD, rec L (bk R to LOD), fwd R / cl L (bk L / Ik R), SIP R (bk L); Fwd L (cl R), rec R (fwd L), sm sd L / cl R (fwd R / cl L), SIP L check W's fwd progress with M' R hand (fwd R) W in front of M fcg Wall; Fwd R (chk fwd L), rec L, sd R / cl L, SIP R;
- 5 – 8 **STOP & GO HOCKEY STICK;; HOCKEY STICK;;**  
Fwd L (cl R), rec R (fwd L), sd L / cl R (fwd R start LF trn under lead hand / cl L finish trn fc LOD), SIP L (bk R); Fwd R to LOD (bk L), rec L (fwd R), sm sd R / cl L (fwd L start RF turn under lead hand / cl R finish trn fc RLOD), SIP R (bk L); Fwd L (cl R), rec R (fwd L), sm bk L / cl R (fwd R / Ik L), SIP L (fwd R) raise lead hand; Bk R (fwd L), rec fwd L (fwd R), fwd R / cl L (fwd L / fwd R trn LF under lead hands), fwd R (bk L); Bfly Wall

## C

- 1 – 4 **DBL CUBANS;; SPOT TURN TWICE;;**  
XLif / rec R, sd L / recR, XLif / rec R, sd L; XRif / rec L, sd R / rec L, XRif / rec L, sd R; XLif trn RF, rec R fc partner, sd L / cl R, sd L; XRif trn LF, rec L fc partner, sd R / cl L, sd R;
- 5 – 8 **CHASE;;; Challenge Chase Optional**  
fwd L, rec R trn RF fc COH, fwd L / cl R, fwd L; Rk fwd R, rec L fc Wall (rec R trn RF fc Wall), fwd R / cl L, fwd R; Fwd L, rec R (rec L trn LF fc partner), bk L / cl R, bk L; Rk bk R, rec L, fwd R / cl L, fwd R;
- 9 – 12 **HIP TWIST to FAN;; ALEMANA;;**  
Fwd L, rec R, SIP L / R, L; Bk R, rec L, sm sd & fwd R / cl L, SIP R; Fwd L, rec R, sd L / cl R, sd L; Bk R, rec L, sd R / cl L, sd R;
- 13 – 16 **NEW YORKER to AIDA;; SWITCH; SIDE WALK;**  
Thru L, rec R, sd L / cl R, sd L; Thru R to LOD, sd L, bhnd R trng RF / cl L, sd R; Trng LF sd L to LOD, rec R, thru L / sd R, cl L; Sd R, cl L, sd R / cl L, sd R;

**END**

**1 – 4 DOUBLE CUBANS;; SPOT TURN to OPEN; WALK 2 & CHA;**

XLif / rec R, sd L / recR, XLif / rec R, sd L; Xrif / rec L, sd R / rec L, XRif / rec L, sd R; XLif trn RF, rec R fc LOD, fwd L / cl R, fwd L; Fwd R, fwd L, fwd R / cl L, fwd R;

**5 – 8 WALK 4 to PRESS LINE; SLO HIP RK 3 & HOLD;; CHANGE PRESS to FACE;**

Fwd L, fwd R, fwd L, fwd R; Fwd L to a press line, -, hip bump, -; Hip bump, -, hip bump, -; Rotate to fc take weight on L, R in press line position, hold, -;

**QUICK CUES**

**INTRO – A – A – B – A – C – C(5-16) – END**

**INTRO WAIT 2;; HIP BUMP 4: FINISH the CHASE;;**

**A ALEMANA;; ½ BASIC NATURAL TOP;**

**NATURAL OPENING OUT: SPOT TURN; HAND to HAND; CRAB WALK;  
QK BASKETBALL TURN in 4; 2 FWD CHA'S; QK BASKETBALL TURN in 4; 2 FWD CHA'S;  
RK FWD REC 2 BK CHAS ~ RK BK REC 2 FWD CHA'S;; WALK 4 & FC;**

**REPEAT A**

**B ½ BASIC; FAN; CHECKED HOCKEY STICK; BK to FAN;  
STOP & GO HOCKEY STICK;; HOCKEY STICK;;**

**REPEAT A**

**C DBL CUBANS;; SPOT TURN TWICE;;**

**CHASE;;; Challenge Chase Optional  
HIP TWIST to FAN;; ALEMANA;;  
NEW YORKER to AIDA;; SWITCH; SIDE WALK;**

**REPEAT C ( 5 - 16 )**

**END DBL CUBANS;; SPOT TURN to OPEN; WALK 2 and CHA;**

**WALK 4 to PRESS LINE; SLO HIP RK 3 & HOLD;; CHANGE PRESS to FACE;**